

Courses - Middle



ESOC	Length (straight line)	Length (optimal route)	Controls	Climbing	% fast tracks	Winning time
women	8,0 km	9,8 km	27	210 m	~ 50%	40 - 45
men	9,7 km	13,0 km	34	290 m	~ 50%	40 - 45
JWSOC	Length (straight line)	Length (optimal route)	Controls	Climbing	% fast tracks	Winning time
women	6,4 km	6,8 km	22	100 m	~ 50%	30 - 35
men	7,1 km	10,0 km	23	190 m	~50%	30 - 35
EYSOC	Length (straight line)	Length (optimal route)	Controls	Climbing	% fast tracks	Winning time
women	5,3 km	6,4 km	21	95 m	~70%	20 - 25
men	6,0 km	8,2 km	22	130 m	70%	20 - 25

Forking system by butterfly for all classes.